

The Head Injury Criterion (HIC) was developed in the 1970s by Wayne State University as a measurement of likelihood of head injury as a result of a head impact. It was developed based on human cadavers, human volunteers, animal cadavers, clinical research, and injury mechanisms. It is expressed by the formula¹:

$$HIC = \max\left[\left\{\frac{1}{t_2 - t_1}\right\} \int_1^2 a(t) dt\right]^{2.5}$$

 $t_1 \& t_2$ = initial and final time | a = resultant acceleration

HIC is calculated with two values: (a) the maximum acceleration and (b) the time over which this acceleration had occurred. HIC is expressed as either HIC₁₅, or HIC₃₆. The former denotes that the maximum acceleration recorded over a period of 15 milliseconds was used in the calculation of HIC and the latter 36 milliseconds.

The sigmoidal graph below correlates HIC values and the probability of sustaining a head injury expressed in MAIS².





NOTE: The current EuroNCAP acceptable HIC score is 650 for vehicle crash testing.



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[1] Yoganandan, Narayan, Alan M, Nahum, and John W. Melvin, eds. Accidental injury: biomechanics and prevention. Springer, 2014 [2] Mackay, M. (2007). The increasing importance of the biomechanics of impact trauma. Sadhana, 32(4), 397-408.